

# Important Phone Numbers

- Emergency ..... 9-1-1

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- Telecare Non-Urgent  
Health Care Concerns  
& Doctor Registry ..... 8-1-1

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- Message Relay Service for Individuals  
with Hearing/Speech Impairment ..... 7-1-1

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- Information/Community Resources..... 2-1-1

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- Bridgewater Police Service  
Service Dispatch ..... 902-543-2464

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- RCMP  
Bridgewater ..... 902-527-5555  
Lunenburg ..... 902-634-8674  
Chester ..... 902-275-3583  
Mahone Bay..... 902-634-8674

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- Continuing Care  
(Home Care, Long-Term Care,  
Adult Protection) ..... 1-800-225-7225

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- Canadian Anti-Fraud Centre..... 1-888-495-8501

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- Access Nova Scotia..... 1-800-670-4357

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- Lunenburg County  
Seniors' Safety Program ..... 902-543-3567

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### Funding provided by:

- NS Department of Seniors
- Municipality of the District of Lunenburg
- Municipality of the District of Chester
- Town of Bridgewater
- Town of Lunenburg
- Town of Mahone Bay
- United Way of Lunenburg County



Lunenburg County Seniors' Safety Program  
Is a project of



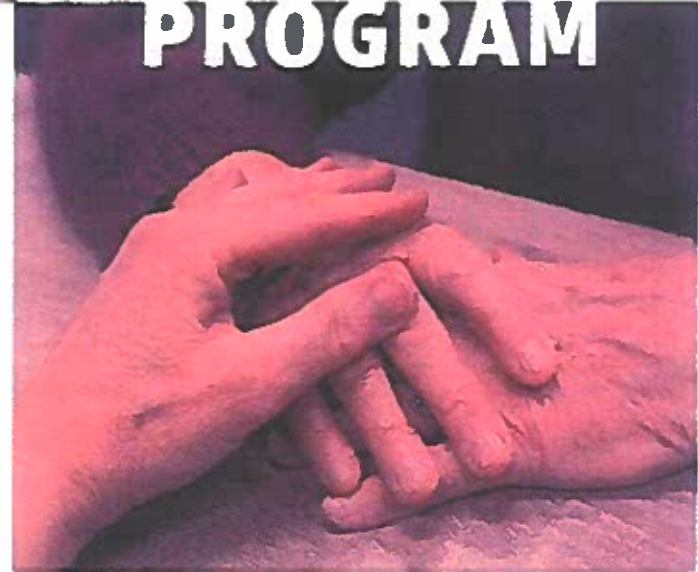
45 Exhibition Drive  
Bridgewater, NS B4V 0A6  
902-543-3567

[www.bridgewaterpolice.ca](http://www.bridgewaterpolice.ca)  
[www.services.rcmp-grc.gc.ca](http://www.services.rcmp-grc.gc.ca)

[www.southshore.safecommunities.parachutecanada.org](http://www.southshore.safecommunities.parachutecanada.org)  
[www.novascotia.ca/seniors/senior\\_Safety\\_Programs.asp](http://www.novascotia.ca/seniors/senior_Safety_Programs.asp)



# Lunenburg County Seniors' Safety PROGRAM



## Seniors, Police and Community Working Together

We believe that seniors are an integral part of our community, entitled to live in dignity and security, free of exploitation, and abuse. Our program helps seniors live safely, securely and independently in their own homes.



# Lunenburg County Seniors' Safety Program offers the following FREE services:

## Home Visits

Available to any senior living in Lunenburg County

## Safety Presentations

Topics include: personal safety, crime prevention, household security, fraud & scam awareness, elder abuse, and safety in the home

## Education Series

Seniors' Safety Academy / Living Alone Program

## Driving Safety

Older Person Safe Driving Program, Driving Decisions & 55 Alive

## The Vial of Life™

Emergency Medical Information Vial

## Senior Friendly™ Program

Improving services for seniors in Lunenburg County



## Who is the Seniors' Safety Program for?

Services are offered to all seniors, regardless of income, aged 55 and older living in Lunenburg County.

## How much does it cost?

All programs are FREE of charge.

## Where do I go to get help?

Simply call the direct line (902-543-3567) to make contact. Home visits can also be arranged. Presentations are offered anywhere seniors gather.

## How does the program work to address elder abuse?

The Seniors' Safety Coordinator meets with the senior to talk about his or her situation, and to determine what the senior wants to have happen. We then provide information and help link seniors to the supports and services they may need.

## Referrals

Anyone can call the Seniors' Safety Coordinator to request services. Referrals may be from the senior themselves, from police, the community, family, friends, or can be anonymous.

Most of our programs are advertised in the local papers, on Facebook and on our website. Please call today to learn more about our services or to register for a program.

## CONTACT

Chris Acomb  
Seniors' Safety Coordinator  
902-543-3567

 lunenburgseniorssafety