

## Important Numbers

### Emergencies

Police	9-1-1
Fire	9-1-1
Ambulance	9-1-1

### Info about Senior Programs 211

### General Contacts

Bridgewater Police Service  
Dispatch **902-543-2464**

RCMP  
**902-527-5555** Bridgewater  
**902-634-8674** Lunenburg  
**902-275-3583** Chester

Continuing Care (Home care, long-term care, Adult Protection)  
**1-800-225-7225**

Senior Abuse Line/Men's Helpline  
and Mental Health Resources  
Dial **211**

Canadian Anti Fraud Line  
**1-888-495-8501**

Service Nova Scotia (motor vehicles, vital stats, land registry)  
**1-800-670-4357**

Funding provided by:

Department of Seniors  
Municipality of the District of Lunenburg  
Municipality of the District of Chester  
Town of Bridgewater  
Town of Lunenburg  
Town of Mahone Bay  
United Way of Lunenburg County



## Lunenburg County Seniors' Safety Program

is a project of  
**Lunenburg County Senior Safety**

45 Exhibition Drive  
Bridgewater, NS B4V 0A6  
Phone: **(902) 543-3567**  
[www.bridgewaterpolice.ca](http://www.bridgewaterpolice.ca)



[www.facebook.com/  
lunenburgseniorssafety](https://www.facebook.com/lunenburgseniorssafety)

Lunenburg County  
**SENIORS'**  
Safety Program



## Police & Seniors Working Together

Seniors' Safety  
Program  
**(902) 543-3567**

## Seniors' Safety Program

We believe that seniors are an integral part of our community, entitled to live in dignity and security, free of exploitation, and abuse.

The services offered through the Lunenburg County Seniors' Safety program include:

- Home Visits—available to any senior living in Lunenburg County
- The Vial of Life: Emergency Medical Information Vial
- Safety Presentations on topics like personal safety, crime prevention, household security, fraud & scam awareness, elder abuse, and safety in the home.
- Seniors' Safety Academy
- Living Alone Program
- Older Person Safe Driving Program
- Senior Friendly™ Program

### Who is the program for?

Services are offered to older adults living in Lunenburg County.

### How much does it cost?

**FREE** of charge.

### Where do I go to get help?

Services are offered in seniors' homes, in their place of worship, and in seniors' clubs. Anywhere seniors gather, we can deliver services.

### How does the program work to address elder abuse?

The Seniors' Safety Coordinator meets with the senior to talk about his or her particular situation, and find out what the senior wants to happen. We then provide information and help link seniors to services they may need to address important issues like their health, elder abuse, or addictions.

Our program helps seniors live safely, securely and independently in their own homes.

### How do I help or get involved?

We offer opportunities for seniors to volunteer and be actively involved in making our community safe and age-friendly. Just call and ask how you can get involved in the community.

Anyone can call the Seniors' Safety Coordinator to request services. Referrals may come from police, the community, family, or friends.

Most of our programs are advertised in the local papers, on Facebook and on our website. Please call today to learn more about our services or to register for a program:

**Lisa Bennett**

Seniors' Safety Coordinator

**902-543-3567**

[Lisa.Bennett@bridgewaterpolice.ca](mailto:Lisa.Bennett@bridgewaterpolice.ca)

