

Important Numbers

Emergencies

Police	9-1-1
Fire	9-1-1
Ambulance	9-1-1
Suicide Prevention	9-8-8

Info about Senior Programs 211

General Contacts

Bridgewater Police Service
Dispatch **902-543-2464**

RCMP
902-527-5555 Bridgewater
902-634-8674 Lunenburg
902-275-3583 Chester

Continuing Care (Home care, long-term care, Adult Protection)
1-800-225-7225

Senior Abuse Line/Men's Helpline
and Mental Health Resources
Dial **211**

Canadian Anti Fraud Line
1-888-495-8501

Service Nova Scotia (motor vehicles, vital stats, land registry)
1-800-670-4357

Funding provided by:

Department of Seniors
Municipality of the District of Lunenburg
Municipality of the District of Chester
Town of Bridgewater
Town of Lunenburg
Town of Mahone Bay
United Way of Lunenburg County



Lunenburg County Seniors' Safety Program

is a project of

Lunenburg County Seniors Safety Partnership Society

45 Exhibition Drive
Bridgewater, NS B4V 0A6
Phone: **(902) 543-3567**



www.bridgewaterpolice.ca

Lunenburg County SENIORS' Safety Program



Police & Seniors Working Together

Seniors' Safety Program
Coordinator
Lisa Bennett
(902) 543-3567
Lisa.Bennett@bridgewaterpolice.ca

Seniors' Safety Program

We believe that seniors are an integral part of our community, entitled to live in dignity and security, free of exploitation, and abuse.

The services offered through the Lunenburg County Seniors' Safety program include:

- Home Visits—available to any senior living in Lunenburg County
- The Vial of Life: Emergency Medical Information Vial
- Safety Presentations on topics like personal safety, crime prevention, household security, fraud & scam awareness, elder abuse, and safety in the home.
- Seniors' Safety Academy
- Living Alone Program
- Older Person Safe Driving Program
- Senior Friendly™ Program

Who is the program for?

Services are offered to older adults living in Lunenburg County.

How much does it cost?

FREE of charge.

Where do I go to get help?

Services are offered in seniors' homes, in their place of worship, and in seniors' clubs. Anywhere seniors gather, we can deliver services.

How does the program work to address elder abuse?

The Seniors' Safety Coordinator meets with the senior to talk about his or her particular situation, and find out what the senior wants to happen. We then provide information and help link seniors to services they may need to address important issues like their health, elder abuse, or addictions.

Our program helps seniors live safely, securely and independently in their own homes.

How do I help or get involved?

We offer opportunities for seniors to volunteer and be actively involved in making our community safe and age-friendly. Just call and ask how you can get involved in the community.

Anyone can call the Seniors' Safety Coordinator to request services. Referrals may come from police, the community, family, or friends.

Most of our programs are advertised in the local papers, on Facebook and on our website. Please call today to learn more about our services or to register for a program:

Lisa Bennett

Seniors' Safety Coordinator

902-543-3567

Lisa.Bennett@bridgewaterpolice.ca

