

LUNENBURG COUNTY SENIORS' SAFETY PROGRAM HELPING TREE

LEGAL		FINANCIAL		TAX INFORMATION		SCAMS / FRAUD	
Bridgewater Justice Centre	902-543-4679	Have you received an ambulance bill and require financial assistance to pay it? Ambulance Fee Assistance Program 1-888-280-8884		Personal Income Tax		Canadian Anti Fraud Centre	1-888-495-8501
				TTY (<i>hearing/speech impairment</i>)	1-800-665-0354	Better Business Bureau	1-877-663-2363
Police (Non-emergency)		NS Heat Fund	902-422-3435	CRA Individual Tax	1-800-959-8281	ELDER ABUSE	
RCMP Cookville (Bridgewater)	902-527-5555	Salvation Army	902-543-0356	Free Tax Preparation Clinics	1-855-516-4405	Adult Protection Services	1-800-225-7225
RCMP Lilydale (Lunenburg)	902-634-8674	St. Vincent de Paul Society	902-527-6431	Tax Info Phone Service	1-800-267-6999	Lunenburg County Seniors Safety	902-543-3567
RCMP Chester	902-275-3583	Income Assistance		Rebates & Municipal Tax Exemption		Public Trustee's Office	902-424-7760
Bridgewater Police	902-543-2464	Employment Solutions Society	902-543-2479	Municipality-Lunenburg	902-541-1329	Legal Info. Society of NS	1-800-665-9779
Legal Aid & Information		Income Assistance	1-877-424-1177	Municipality-Chester	902-275-3554	Government of Canada 1-800-622-6232 Search "Elder Abuse" for information.	
NS Legal Aid	902-543-4658	Employment Insurance	1-800-206-7218	Town of Mahone Bay	902-624-8327		
Dalhousie Legal Aid Services	902-423-8105	Canada Pension Plan	1-800-277-9914	Town of Lunenburg	902-634-4410	OTHER SUPPORT SERVICES	
Legal Information Society of NS	1-800-665-9779	Child Care Subsidy	1-844-804-2084	Town of Bridgewater	902-543-4651	NS Human Rights Commission Information on human rights, resources available to you, and dispute resolution is only a call or click away Call toll free: 1-877-269-7699 or visit their website: www.gov.ns.ca/humanrights/	
Free Legal Clinic (<i>Halifax</i>)	902-424-3690	Benefits Inquiries (<i>CTB, GST, etc.</i>)	1-800-387-1193	Energy Rebate-Access NS	1-800-670-4357		
South Shore Community Justice	902-543-1841	Guaranteed Income Supplement	1-800-277-9914	First Time Home Buyer	1-800-670-4357		
Mi'kmaq Legal Support Network	1-877-379-2042	Veterans Affairs Canada	1-866-522-2122	Heating Assistance Rebate	1-800-670-4357	The Indian Residential Schools Crisis Line is available 24/7 for anyone experiencing pain or distress as a result of their Residential School experience. 1-866-925-4419	
Ombudsman	1-800-670-1111	The Rose Fund (<i>Cancer patient fund</i>)	902-543-8065	Seniors Property Tax Rebate	1-800-670-4357		

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MENTAL HEALTH & CRISIS		ADDICTIONS		SEXUAL HEALTH & SEXUAL ASSAULT		COMMUNITY HEALTH & WELLNESS		
24/7 Mental Health Crisis Line	1-888-429-8167	Smoking Help Line	1-877-513-5333	Sexual Health Centre	902-527-2868	Public Health	902-543-0850	
24/7 Domestic Violence	1-855-225-0220	Gambling Help Line	1-888-347-8888	Report all abuse to local law enforcement		Family & Medical Resource Centres		
Crisis Text Line - text "TALK" to	686868	Mental Health & Addictions	902-543-5400	Child Protection	902-543-4554	Better Together	902-543-3119	
24/7 Kids Help Phone	1-800-668-6868	Opioid Treatment Program	1-855-273-7110	Adult Protection Services	1-800-225-7225	Family Support & Schools Plus	902-543-1301	
Canadian Suicide Prevention	1-833-456-4566	Support Groups		Lunenburg County Seniors' Safety	902-543-3567	New Ross	902-689-2414	
Veterans Affairs Canada	1-866-522-2122	Self-Help Connection	1-844-466-2011	Sexual Assault		Chester & Area	902-275-4347	
Mental Health & Addictions Intake	1-855-922-1122	Alcoholics Anonymous	902-466-7077	Tri-County Women's Center	1-877-742-0085	Hubbards Medical Centre	902-857-3335	
Geriatric Psychiatry	902-473-7799	Narcotics Anonymous	902-789-8323	Victim Services		SSRH, Walk-In/Access Clinic	902-527-5239	
Suicide Prevention Line	988	Other Support Groups	211	Victim Services	1-800-565-1805	Blood Collection Services	1-833-998-2722	
<u>Nova Scotia Office of the Ombudsman</u> Do you have a complaint about a NS Government (Provincial or Municipal) service? Or do you feel you have been treated unfairly? Contact NS Office of the Ombudsman. Call toll free: 1-800-670-1111 https://www.novascotia.ca/ombu/index.htm				Harbour House	902-543-3999	Our Health Centre	902-275-4414	
			Power Outages or Downed Lines				OHC Walk-in Clinic	902-273-2098
			Mahone Bay (town limits)	902-624-8327			Fisherman's Memorial Hospital	902-634-8801
			→Afterhours	902-543-3251				
			Riverport (town limits)	902-766-4890			Lunenburg County YMCA	902-543-9622
	→Afterhours	902-543-2502						
	Lunenburg (town limits)	902-634-4410						
	→Afterhours	902-527-0150						
	Bridgewater Report to NS Power							
	NS Power Outage Line	1-844-428-6004						